



ΕΚΠΑΙΔΕΥΤΙΚΟ
ΥΛΙΚΟ

GR

2020

Picnic Basket in Covid 19 Times

Scenario C: Lockdown/asynchronous learning

In the times of a pandemic we are meant to adjust and as schools might be in lockdown with full Covid 19 measures we regretfully have to postpone the Picnic Basket circulation on loan as was intended nor can we ask schools to create their own. Instead we have adjusted the activities so that those of you who still wish to work on sustainable diets can work on the main themes via asynchronous learning.

Start by reading the [Introduction for teachers](#), the [Game instructions](#) and the [annual calendar](#) to get an idea of the main themes. Then move on to the activities described here.

In short:

- For the Homemade food day instead of cooking in class you will have a reception, a from yuck to yum cooking at home challenge and a chef model creation.
- For the Fruit day you will find a new storytelling game called Juicy stories.
- For the No food waste day you will find ideas for a quizathon and a poster creation.

Good luck and let the picnic begin!

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RECIPICTION

Let's compete! Tell the pupils that you will run a recipe competition. Find 3 volunteers for the Recipe Committee who will not take part in the competition.

Ask the pupils to create their own imaginative sustainable snack. Ask them to write down their recipe and illustrate it with drawings or photos. Give them a deadline to send you their recipes. The competition begins!

You submit the recipes to the committee making sure that no names appear. Each member of the committee rates the recipes with 1-5 stars. The stars are won for: imagination/creativity, taste, seasonal and local ingredients, less readymade and/or processed food, no food waste.

The Committee awards the stars and pronounce the winners. The best recipes win the Golden, Silver and Bronze Fork!

Pupils can choose snack ideas from the Cool Bites Cookbook and propose to their parents at home. They can then plan their own snack schedule for the next week or month according to their favorites. Better planning will help them reduce food waste. Discuss why.

The Cool Bites Cookbook

All the recipes are put together to create the class's "Cool Bites Cookbook". The cookbook is sent to the parents to use for snack ideas.





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FROM YUCK TO YUM!



Creative cooking! At home pupils with the help of their parents think of an imaginative way to transform their own "yuck" food into a yummy snack ingredient. E.g. the loathed cauliflower becomes pizza dough. Pupils take a photo of their creations and send them to you.



Click away! Prepare a digital photo exhibition with the pictures and the recipes.

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CHEF MODEL

Tailor made... Ask pupils to design and prepare the chef's hat and apron using paper or other eco-friendly material. You can find patron ideas in the internet.

The mask-makers!

You may also ask them to create their own cloth face mask decorated with motives inspired by sustainable snacks (fruits, vegetables, homemade food etc.)



Catwalk. Organise a digital fashion show to show their creations. They photograph them and send them to you as an assignment.

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JUICY STORIES

Once upon a time...

Pupils read the Picnic Basket's
['introduction for children'](#) and write
or design their own fruit story and
send it to you as an assignment.

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POSTERit!

Ask pupils to watch the video <https://vimeo.com/album/4783258/video/235226846> and design a no food waste poster and send a photo of it to you as an assignment.

