



WWF

ΕΚΠΑΙΔΕΥΤΙΚΟ
ΥΛΙΚΟ

GR

2020

Picnic Basket in Covid 19 Times

Scenario A: Schools open with Covid measures

In the times of a pandemic we are meant to adjust and as schools reopen with full Covid 19 measures we regretfully have to postpone the Picnic Basket circulation on loan as was intended. Instead we have adjusted the activities so that those of you who still wish to work on sustainable diets can create your own picnic basket, with games that are safe for all pupils. Start by reading the [Introduction for teachers](#) and the [Game instructions](#) to get an idea of the main themes and procedure and print the [weekly schedule](#) and the [annual calendar](#). Then move on to the activities described here.

In short:

- For the Homemade food day instead of cooking in class you will have a reception, a from yuck to yum cooking at home challenge, a chef model creation.
- For the Fruit day you will find variations of both the banana story and the tutti frutti games but not the fruit tasting one as unfortunately current times do not permit it. You will also find a new storytelling game called Roll the dice.
- For the No food waste day you will find a simple variation of the no food waste game and ideas for a quizathon and a poster creation.

Good luck and let the picnic begin!

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RECIPTION

Let's compete! Ask the pupils to create their own imaginative sustainable snack and bring it to school. Ask them to write down their recipe (and illustrate it with drawings or photos). Select a day for the presentation of the recipes. Select the members of the Recipe Committee. The competition begins!

The committee will judge the recipes based on their sustainability and imagination/creativity.

(Remember the 3 golden instructions of the Picnic Basket: Eat more local/seasonal fruits and vegetables, opt for homemade food, and no food waste.)

The three best recipes win the Golden, Silver and Bronze Fork! Think of some great prizes!

The Cool Bites Cookbook

All the recipes are put together to create the class's "Cool Bites Cookbook". The cookbook is sent to the parents to use for snack ideas.



Pupils can choose snack ideas from the Cool Bites Cookbook and propose to their parents at home. They can then plan their own snack schedule for the next week or month according to their favorites. Better planning will help them reduce food waste. Discuss why.

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FROM YUCK TO YUM!

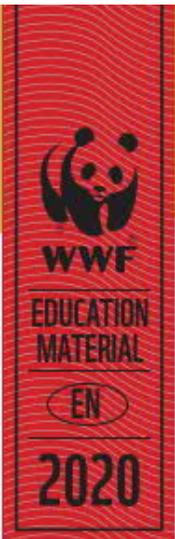
Creative cooking! In the classroom brainstorm to define the most “yuck” foods. At home pupils with the help of their parents think of an imaginative way to transform their own yuck food into a yummy snack ingredient. E.g. the loathed cauliflower becomes pizza dough. Pupils take a photo of their creations and bring them to school.

Click away! Prepare a photo exhibition at school with the pictures and the recipes.



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CHEF MODEL

Tailor made... Ask pupils to design and prepare the chef's hat and apron using paper or other eco-friendly material. You can find patron ideas in the internet.

Catwalk. Organise a fashion show to show their creations to the rest of the school.

The mask-makers!
You may also ask them to create their own cloth face mask decorated with motives inspired by sustainable snacks (fruits, vegetables, homemade food etc.)



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A TUTTI FRUTTI GUESS WHICH...

A variation... Instead of the [Tutti Frutti Uno](#) use the cards to play a new guessing game. Make sure you print enough so that each pupil has a complete set of the Tutti Frutti unique fruit and vegetables cards. The Guess who game remains the same.

You'll never guess... The game is played in teams of two. Each pupil has their own set of cards open in front of them but hidden from their opponent. They choose one and place it in the center, still hidden. Their opponent must guess which card it is by asking questions that can be answered by yes or no. If, for example, they ask: "Is it a fruit?" and the answer is "no" they then flip over all the fruit cards. If the answer is "yes" they flip over all the vegetables. Through the process of elimination, players will eventually be able to "guess" the chosen card.

Each player gets one yes or no question per turn and may only make one guess. If a player successfully guesses the opponent's chosen card, the player wins; if the guess is wrong, they lose.

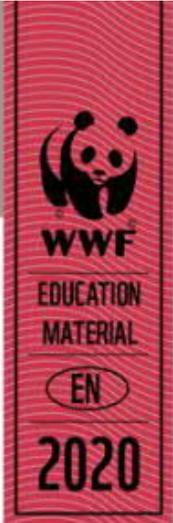
Ideas for questions

- Is it a fruit?
- Is it a vegetable?
- Does it grow in the spring/summer/fall/winter?
- Is it red/green/purple etc?
- Does it grow on a tree?
- Do we boil/grill it?
- Do we put it on a pizza?
- Does it have a funny name?
- Does it smell nice?



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BANANA STORY VARIATION

Story line... Present the cards of the Picnic Basket "[Banana story](#)". Discuss in class the correct order which show the story of its production and place it somewhere they can see it.

Ask pupils to think of another favorite fruit. Ask them to draw its story in separate papers.

Play the same game. Hang the stories on the wall. Discuss why the shortest stories are the most sustainable ones.

Keep your distance

Find out how many fruits you need to place between you and your classmates to keep a safe distance!.



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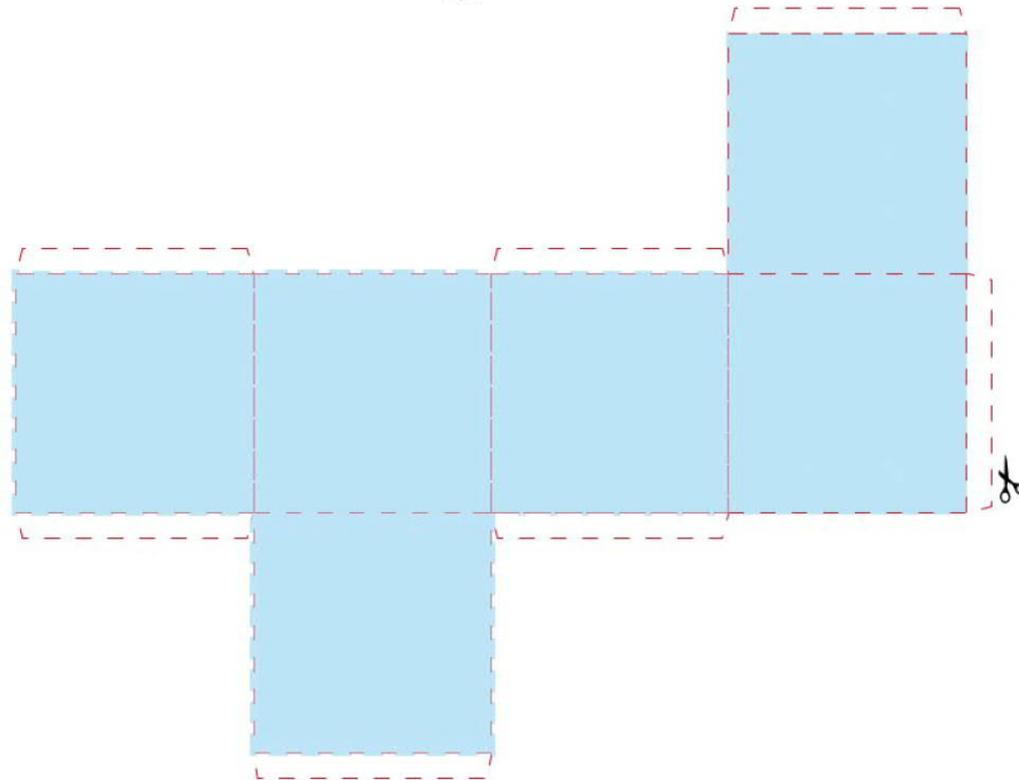
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ROLL THE DICE



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NO FOOD WASTED!

Quizathon. Brainstorm in class on common food waste mistakes. Pick the 5-7 more popular ones and create questions for a class food waste quiz. Pupils then take the quiz home in order to test their families at home.

No food waste game variation

Use the cards of the Picnic Basket "[No food waste game](#)". Print out "treat my friends" and "keep for later" cards for each pupil. Ask the pupils to draw or write on small paper cards 15-20 of their favorite or usual snacks. Print and put the compost/recycling and garbage cards in the middle and start playing the game following the rest of the instructions.

Poster it!

In the classroom brainstorm about the main 'no food waste' messages. Ask pupils to design posters. Find the most appropriate places for each poster depending on their messages and put them up around the school.



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